

## BML Fitness & Wellness Schedule

Time	Date	Class
9:00 a.m. – 10:00 a.m.	Saturday, Dec 2, 2017	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, Dec 3, 2017	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, Dec 9, 2017	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, Dec 10, 2017	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, Dec 16, 2017	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, Dec 17, 2017	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, Dec 23, 2017	Zumba Toning® and\or Core Workout
<b>9:00 a.m. – 10:00 a.m.</b>	<b>Sunday, Dec 24, 2017</b>	<b>NO CLASS TODAY</b>
9:00 a.m. – 10:00 a.m.	Saturday, Dec 30, 2017	Zumba Toning® and\or Core Workout
<b>9:00 a.m. – 10:00 a.m.</b>	<b>Sunday, Dec 31, 2017</b>	<b>NO CLASS TODAY</b>