

# BML Fitness & Wellness Schedule – 2nd Q 2018

Time	Date	Class*
9:00 a.m. – 10:00 a.m.	Saturday, April 7, 2018	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, April 8, 2018	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, April 14, 2018	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, April 15, 2018	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, April 21, 2018	Zumba®
9:00 a.m. – 10:00 a.m.	Sunday, April 22, 2018	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Saturday, April 28, 2018	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, April 29, 2018	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, May 5, 2018	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, May 6, 2018	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, May 12, 2018	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, May 13, 2018	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, May 19, 2018	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, May 20, 2018	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, May 26, 2018	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, May 27, 2018	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, June 2, 2018	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, June 3, 2018	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, June 9, 2018	ZUMBA AT THE GAZEBO
9:00 a.m. – 10:00 a.m.	Sunday, June 10, 2018	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, June 16, 2018	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, June 17, 2018	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, June 23, 2018	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, June 24, 2018	Zumba®
9:00 a.m. – 10:00 a.m.	Saturday, June 30, 2018	Zumba Toning® and\or Core Workout
9:00 a.m. – 10:00 a.m.	Sunday, July 1, 2018	Zumba®

Aqua Zumba® classes will be added to the schedule after Memorial Day. Details will be shared soon.

**\* Class type, dates, and times may be subject to change; please check the BML Facebook page for updates**